NHS

Insulin Passport

EMERGENCY INFORMATION

I have Type ..... diabetes and inject insulin. If I am ill or fainting my usual 'hypo' treatment is .....

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Please give it to me unless I am unable to cooperate or unconscious.

- If I have not recovered after 10 minutes please repeat the treatment.
- If I am unconscious/unable to cooperate do not give me anything by mouth.
- Call 999 for an ambulance immediately.

My Name
Date of Birth
NHS number _ _ _ _ _ _ _ _ _ _
Address
Postcode
Telephone number

My GPs Name
Address
Postcode
Telephone number

Other medicines (optional)

Use this space to record any other medicines you might be taking.
Include any over-the-counter medicines.

Emergency contact
Name
Telephone number

Please unfold for important information on insulin use

SAMPLE

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Instructions

You should complete as much information for your passport as possible, then fold it back to credit-card size.

Keep it with you for emergencies and for reference when insulin products are prescribed or dispensed.

The area below is not for use as a daily diary record.

In the table below you should record information of your current insulin products. Provide as much detail so that all your insulin products are clearly identified. A healthcare professional can help you with this. If someone else has added information, ask them to sign it. You must keep this information up-to-date. Keep the passport with you and when you need to contact a healthcare professional, show it to them. They can use the information to help identify exactly what insulin products you use.

Date Started	Date Stopped	Insulin Brand name	Presentation (for example, vial, cartridge or prefilled pen) and device for insulin administration	Signature

SAMPLE